



FRENSHAM POND

HOTEL & SPA



Freshly made mornings, crafted
for a perfect start.

CONTINENTAL BREAKFAST

DELI COUNTER

Continental Meats - Cheeses
Fruit Yoghurts - Yoghurt Pots

FRESH FRUIT BAR

Apple - Orange - Fresh Fruit Salad - Prunes
Fruit Platter - Grapefruit - Mandarin

JUICE STATION

Wild Water - Apple - Orange
Tomato - Cranberry (on request)

DAIRY

Whole Milk - Almond Milk
Oat Milk - Soya Milk - Coconut Milk

CEREAL

Granola - Coco Pops - Muesli - Crunchy Nut
Cornflakes - Rice Krispies - Special K - Bran
Flakes - Frosties - Alpen - Weetabix - Gluten
Free Cornflakes

TOPPINGS

Flaked Almonds - Coconut - Banana Chips
Raisins - Sunflower Seeds - Chia Seeds
Pumpkin Seeds - Dried Apricot - Cranberries

FROM THE BAKERY

Croissants au Beurre - Pain au Chocolat
Brown & White Farmhouse Bread
Sourdough
Gluten Free Bread (on request)

PRESERVES

Butter - Low Fat Spread
Jams - Marmalade - Honey
Marmite - Nutella

TRADITIONAL BREAKFAST £16.95

HOT BUFFET

Grilled Bacon - Surrey Porky Whites Chipolatas
Sautéed Mushroom - Baked Beans
Grilled Tomatoes - Hash Brown - Fried Egg

AVAILABLE ON REQUEST

Eggs - Scrambled / Boiled / Poached
Vegetarian Sausage

BREAKFAST ENHANCEMENTS

PANCAKES £3.50

Bacon & Maple Syrup

EGG BENEDICT £3.95

Poached Eggs, Ham, & Hollandaise

EGG ROYALE £3.95

Poached Egg, Smoked Salmon & Hollandaise

EGG FLORENTINE £3.95

Poached Egg, Spinach & Hollandaise

OMELETTE £4.50

Your choice of fillings

VEGAN ENHANCEMENTS

AVOCADO SMASH £5.95

Smashed avocado, slow-roasted tomatoes and
red onion on Toasted sourdough

AVOCADO & PUMPKIN SEEDS £5.95

Smashed avocado, and pumpkin seeds on
Toasted sourdough

@frenshampondhotel
www.frenshampondhotel.co.uk

Allergy & Intolerances - Please ask for our Allergy Chart
A 10% discretionary service charge will be added to your bill

Breakfast Smoothies

GREEN GLOW £6.50

Spinach • Cucumber • Green Apple • Celery • Lime • Ginger • Coconut Water



TROPICAL REVIVE £6.95

Mango • Pineapple • Passionfruit • Chia Seeds

BERRY-BANANA SMOOTHIE £6.50

Mixed Berries, Banana, Yogurt, Honey



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